



## The Finding Love Self-Assessment Survey

Welcome! This Self-Assessment Survey was designed to help you assess, clarify and understand your Finding Love Quotient so you can make this the BREAK OUT year for attracting the love of your life!

Complete all parts of the assessment and have it with you when you attend the free training, *the 3 Secrets to Attracting Amazing Love*, and find out what the results mean for you!

**Rate all statements on how true they are on a scale of 0-10, where 10 is 100% true.**

### Part 1: Willingness and Commitment

- Yes, I really want to be in a loving relationship!
- I am ready to give my love to my soulmate
- I am ready to allow myself to be loved at a deeper level
- I am willing to step out of my comfort zone to find love
- I am willing to do my own inner work so that I can find my beloved

MY WILLINGNESS AND COMMITMENT TOTAL: \_\_\_ OUT OF A POSSIBLE 50 POINTS

### Part 2: Dating and Relationship History

- I keep making bad choices and picking people who are wrong for me
- My past relationships have usually been very painful and problematic
- I'm not attracted to really good men/women who are very interested in me
- I feel awkward and uncomfortable on dates and worry about what he/she thinks of me
- I sabotage myself when dating or in a relationship
- It has been a long time since my last significant relationship
- I feel discouraged by my love life

MY DATING AND RELATIONSHIP HISTORY TOTAL: \_\_\_ OUT OF A POSSIBLE 70 POINTS



## Part 3: Current Love Savvy

- \_\_\_ When I look in the mirror, I see someone who is worthy to be loved
- \_\_\_ When dating I feel confident and completely comfortable being myself
- \_\_\_ When I think about finding my soulmate I feel excited, hopeful and optimistic
- \_\_\_ I strongly believe that my soulmate is out there
- \_\_\_ I have been having happy, loving relationships, even if they were not “the one”
- \_\_\_ I am comfortable being vulnerable and close in my relationships
- \_\_\_ If my soul mate walked up to me tomorrow, I would feel completely ready to invite him/her into my life

MY CURRENT LOVE SAVVY TOTAL: \_\_\_ OUT OF A POSSIBLE 70 POINTS

This self-assessment survey will help you start to understand where you are in your process to find your soulmate. We will go into this survey in depth in the webinar, so be sure to bring it with you.

Don't let bad numbers discourage you. If your numbers were all good, you wouldn't need any help to find love! The free training webinar, *The 3 Secrets to Attracting Amazing Love*, will give you the help you need to magnetize your soulmate into your life now!